



# Run4nine: A Walkathon for Awareness



A walkathon was held in Odisha's capital city to mark International Women's Day today.

The objective behind the programme organised by Kar Clinic supported by JCI India, FOGSI in association with leading vernacular daily 'Sambad' which was initiative by nine to spread awareness on hygiene during monthly menstruation.

Monthly menstruation is another important activity of women body which is seen in a different angle altogether. Due to lack of awareness, poverty and proper sanitation maximum women is facing lot of problems during this monthly menstruation. Now Proper steps have been taken by Government and different NGOs for the said issues. Without any hesitation every woman should discuss this problem openly. 30% of the women population in the world are aware of the menstrual health issues where as 70% are not taking it very seriously.. Only 12% women used to take care of themselves during the menstrual period. Due to this ignorance not only women suffers severe problems but this leads to Childlessness and Ovarian cancer. There are 25,000 professional Gynaecologists and obstetricians under FOGSI (The Federation of Obstetric & Gynaecological Societies of India) who have taken the responsibility and promised to discuss at least 1 minute for the awareness about the menstrual hygiene. Said Dr.Sujata Kar, Gynaecologist, Kar Clinic. After flagging off the event.

"The women have top place in God's creation. We can never come to this world if a woman does not approve to hold us in her womb. Therefore, it is not only everyone's duty to empower the women, but also a challenge for

us," said Sambad Editor and Rajya Sabha MP Soumya Ranjan Patnaik after flagging off the event.

Attending the programme, Tourism and Culture Minister Ashok Chandra Panda said, "The International Women's Day is celebrated to make women participate in the social process and bring them to the front."

Lauding Chief Minister Naveen Patnaik's efforts towards women empowerment, Panda said, "Late CM Biju Babu had kept 33% reservation for women and later Naveen Patnaik extended it to 50%. His proposal to provide 1/3rd reservation both in assembly and parliament should be taken forward on the International Women's Day."

"It's a great pleasure to be here today to celebrate the Women's Day Walkathon. It is a day globally when we celebrate worth, social economic cultural and political achievements of women. It is also a mark of great achievement and accelerating gender priority," said Monika O. Nielsen, Chief Field Office, UNICEF, Odisha.

The walkathon began in the morning from Esplanade to Bomikhal and concluded at the Esplanade. Over two hundred people had participated in the event.

